

CIVIL TRAIN

The Training Division of the CCF

SHORT COURSE

PROVIDE FIRST AID

HLTAID001 Provide cardiopulmonary resuscitation

HLTAID002 Provide Basic Emergency Life Support

HLTAID003 Provide First Aid

Ensure you can cope with any emergency first aid situation, whatever industry you are in.

COURSE OVERVIEW

Formerly known as 'Senior First Aid' and 'Apply First Aid', the aim of this course is to provide the necessary skills and knowledge to sustain life, reduce pain and minimise the consequences of injury or sudden illness until professional help arrives.

COURSE OUTCOMES

On completion of the course you will be able to:

- Respond to an emergency situation
- Perform CPR procedures
- Communicate details of the incident
- Apply appropriate first aid procedures
- Evaluate the incident and own performance

If successful you will receive a Statement of Attainment from St John Ambulance SA.

As per the First Aid in the Workplace Code of Practice, First Aiders should attend training on a regular basis to refresh their first aid knowledge and skills and to confirm their competence to provide first aid. Refresher training in CPR should be undertaken annually and first aid qualification should be renewed every three years.

COURSE DURATION

This course is one day (8 hours), plus 1 hour pre-reading.

DELIVERY AND ASSESSMENT

This course is delivered and assessed face to face, by St John Ambulance SA (RTO no 88041).

Learners will be required to pre-read the training document.

There are theory and practical training and assessment components to the course. This course includes an assessment in both and adult AND baby manikins and includes the use of:

- A Bronchodilator (asthma)
- An auto-injector- Epipen (anaphylaxis)
- A defibrillator

LOCATION

Public courses are scheduled frequently at Civil Train SA offices in Thebarton.

For regional or private bookings please contact the Civil Train SA office.

PERSONAL PROTECTIVE EQUIPMENT

Enclosed footwear is a minimum requirement for all Civil Train SA sites. Other sites may have other requirements which will be confirmed at the time of booking.

For further details and training dates please contact

Civil Train on 8111 8001

1 South Road, Thebarton SA 5031

www.civiltrainsa.com.au



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ENTRY REQUIREMENTS

Entrants will need a level of language and literacy skills to enable them to meet the requirements of the course.

Civil Train SA recommends year 10 school completion or equivalent as a guide to the level required for short courses.

Learners will be required to read the provided training document before attendance at the course (unless they can provide evidence of existing knowledge or previous certificate).

ALL LEARNERS WILL BE REQUIRED TO PROVIDE PHOTOGRAPHIC IDENTIFICATION UPON ARRIVING FOR THEIR COURSE.

FEES

Please refer to our [Fees Schedule](#) for current fees and subsidies.

Please refer to our [Fees and Refunds Policy](#) for terms and conditions.

Both documents are published on our website www.civiltrainsa.com.au

Terms and conditions

Please refer to our website www.civiltrainsa.com.au for full terms and conditions.

Please decide if this is the right course for you before you enrol. This course information flyer should be read in conjunction with Civil Train SA's pre-enrolment brochure and our policies and procedures available at www.civiltrainsa.com.au. If you require any more information or assistance, or you identify yourself to have specific needs that may affect your capacity to complete this course, please speak to one of our representatives.



RTO No. 40239

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